

BEST OF THE BEST
EAST ENGLAND KARATE
CAMPIONSHIPS 2010

KARATE
LONDON

CAN YOU WIN IT

21st MARCH 2010



TOYAKWAI KARATE ASSOCIATION

Dear Instructors

We would like to take this opportunity to extend an invitation to your club to participate in the
TOYAKWAI KARATE OPEN CHAMPIONSHIPS 7 OF THE BEST.

*This event has been running for over 25 years, thanks to the continued support of many groups.
Over the years we have tried and tested many categories and feel that we now have an event, which
Offers something for everyone.*

*Some of our top association karate-ka will be attending the event and we hope you will join them.
The aim of the competition is to promote friendship and respect for one another and to give karate
A higher profile in the sporting arena.*

*These 7 competition will take one day each, over the year, with 400 to 700 competitors men, women,
Boys and girls .Kata, Kumite, Team Kata and Team Kumite.*

*You will most certainly find this competition to be a wonderful experience for spectators and
Competitors alike.*

Further suggestions regarding ways of improving the event, would be most welcomed.

*Instructors should note that we are not providing Red and Blue mitts or belts this year. Please ensure
That competitors have their own mitts and belts on the day.*

*It would be appreciated if groups taking part could provide at least one Referee/ judge or table official
to help with the event.*

However if you have any queries, then please do not hesitate to contact me

Tel/ 07886097615

Email: toyakwaikarate@aol.com or toyakwai@hotmail.co.uk

www.toyakwai.org or www.toyakwaikarate.com

TOYAKWAI KARATE OPEN CHAMPIONSHIPS 7 OF THE BEST.

A NEW KATA EVENTS NOW 50 EVENTS

On behalf of the organising committee we look forward to seeing you at this event.

Yours truly

TKA

GREATER LONDON KARATE CHAMPIONSHIPS

SUNDAY 21st MARCH 2010

KATA. KUMITE. TEAM KATA. TEAM KUMITE

JUNIORS, CADETS, & SENIORS ALL GRADES

Boys, Girls, Male, Female Individuals & Teams.

FEEES INDIVIDUAL FEES £15.00 per PERSON AND TEAM FEES £30.00 per Team

VENUE-1

CLACTON SPORTS CENTRE Vista Road Clacton-on-sea Essex CO15 6DB

Time

Doors will open at 9.30am, The first event kata will commence at 10.00am

Trophies Worth Winning

50 EVENTS ONE DAY

INDIVIDUAL EVENTS ONLY

1/ EVENT £15.00

2/ EVENTS £25.00

3/ EVENTS £35.00

4/ EVENTS £45.00

TEAM EVENTS £30.00 per team

ALL INDIVIDUAL EVENTS ON THE DAY £20.00 & TEAMS £30.00

SPECTATORS FEES

Adults £7.00 Children £5.00 - PAY ON DAY

ALL COACHES MUST ENTER THERE NAME ON THE EVENT FORM

Competition Guidelines & Entry Forms on the Web page

PLUS

5 Trophies of the year, Best Boy, Best Girl, Best Male, Best Female, Best Club Team, for Gaining the most Points at the End of the Year. And best Coach & Ref

www.toyakwai.org or www.toyakwaikarate.com

Closing Date: Monday 15th MARCH 2010

All Cheques payable to the TKA and return to

TKA 3 SPR ROAD WITHAM ESSEX ENGLAND CO15 6DB

Tel/: 07886097615

Email: toyakwai@hotmail.co.uk or toyakwaikarate@aol.com

COMPETITION GUIDELINES

Please ensure that your sheets are filled in correctly. Mark the event you are entering in the boxes on the entry form

Name (print name) and enter the category event on entry form (1 to 50)

Ensure that the competitor is in the right event

junior (15 yrs under height and grade) is in the right category event on entry form (1 to 46) or (1 to 52)

FEES INDIVIDUAL FEES £15.00 per PERSON AND TEAM FEES £30.00 per TEAM

Enter total amount payable per competitor. Full amount must be sent with entry forms,

There will be no refund if the competitor has been entered into the wrong event.

Email and faxed entries will be accepted, but payment must be paid by the **CLOSING DATE**

Please send all entries and money in by the **(CLOSING DATE) one week before competition**

Late entries will be permitted at a cost of **(£5.00 PER EVENT PER PERSON)**

No Late entries **(ON THE DAY) All cheques made payable to :(T.K.A.)**

SUNDAY REGISTRATION

Doors will be open at 9.30am in the main hall.

The first event will be all junior **KATA** which will commence at 10.00am, Followed by senior **KATA** then all **TEAM KATA**, Next all kumite events, first **BOYS INDIVIDUAL KUMITE**, Followed by **GIRLS INDIVIDUAL KUMITE**, then **MALE and FEMALE INDIVIDUAL KUMITE**

The last event will be **JUNIOR & SENIOR TEAM KUMITE**

COMPETITION RULES

RULES: W.F.F. rules will apply on the day as per (E.K.F.) guidelines but (There will be amendments, at the CHIEF REFEREES discretion.) (Mrs. Frances Gow.)

KATA. POINT SYSTEM WILL APPLY ON THE DAY.

Only novice to 7th Kyu may do the same Kata in each round. Any known style Kata will be allowed for all Grades but must be different in each round.

*All competitors must wear **(W.K.F. STYLE HAND MITTS & GUM SHIELDS.)** Groin Guards & Chest protectors Are highly recommended.*

THE ORGANIZER MAY CHANGE, AMALGAMATE OR ADD CATEGORIES ACCORDING TO CATEGORY SIZES.

KUMITE: FULL RULES ON WEB SITE

WWW.TOYAKWAIKARATE.CO.UK or EMAIL - FRANCESGOW@aol.com

REFEREE / JUDGE & COACHES

All Clubs are asked if possible to bring a Referee / Judge/Time Keeper and Recorders

Only the official club coach on the day may approach the control table for any queries. Competitors and spectators Must go via their coach for information. Only coaches will be allowed on the competition area.

ALL COACHES MUST ENTER THERE NAME ON THE EVENT FORM

And will be issued with 1 coach pass for every 10 competitors. **(No name no pass)**

St.Johns will provide medical cover on the day

COMPETITION TROPHIES

Trophies Worth Winning

INDIVIDUAL TROPHIES

A LARGE CUP Will be presented to all 1st place winners **KATA & KUMITE**

A SMALLER CUP Will be presented to all 2nd place winners **KATA & KUMITE**

A TROPUY Will be presented to all Joint 3rd places **KATA and KUMITE**

TEAMS a TROPUY WILL BE PRESENTED

To all 3 Competitors in the team 1st 2nd & Joint 3rd place winners. **KATA & KUMITE TEAMS**

LARGE CUP will be presented for the club gaining the most points on the day

(1st place 3points) (2nd place 2points) (Joint 3rd place 1point)

Trophies Worth Winning

INDIVIDUAL TROPHIES

A LARGE CUP Will be presented to all 1st place winners **KATA & KUMITE**

A SMALLER CUP Will be presented to all 2nd place winners **KATA & KUMITE**

A TROPHY Will be presented to all Joint 3rd places **KATA & KUMITE**

TEAM TROPHIES

A TROPHY Will be presented to all 3 Competitors in the team 1st 2nd & Joint 3rd place winners.

KATA TEAMS & KUMITE TEAMS

A LARGE CUP WILL BE PRESENTED TO THE 1st PLACE WINING TEAMS **KATA TEAMS & KUMITE TEAMS**

GRAND TROPHIES

A LARGE CUP Will be presented for the club gaining the most points on the day
(1st place 3points) (2nd place 2points) (3rd place 1point)

COMPETITION ACCOMADATION

London & International Competition Only

ACCOMADATION Close to the sports hall and all of the hotels are situated next to each one.

Hotel Formule 1 Highbridge Road Barking Essex

TEL: 44+0208 507 0789 FAX: E-MAIL –

Hotel Ibis London Highbridge Road Barking Essex

TEL: 44+0208 477 4100 FAX: 44+ 0208 477 4101 E-MAIL -H2042@accor-hotels.com

Hotel Etap Highbridge Road Barking Essex

TEL: 44+0208 507 8500 FAX: 44+ 0208 591 8700 E-MAIL –

Hotel Premier Lodge Highbridge Road Barking Essex

TEL: 44+0870 700 1444 FAX: 44+ 0870 700 1445 E-MAIL -www.premierlodge.com

TRAVEL

From London Stansted Airport

The Stansted Express to Liverpool Street Station - **Central Line to Mile End Station - District Line to Barking Station** (www.Stanstedexpress.com)

From London Gatwick Airport

The Gatwick Express to Victoria Street Station **District Line to Barking Station.** (www.Gatwickexpress.com)

From London Heathrow Airport

The Heathrow Express to London Paddington Street Station **District Line to Barking Station** (www.Heathrowexpress.com)

BEST OF THE BEST SOUTHERN ENGLAND KARATE LEAGUE VENUES FOR 2010

VENUE - 1

SUNDAY 14th FEBRUARY 2010

GREATER LONDON KARATE CHAMPIONSHIPS

Goresbrook Leisure Centre, Ripple Road Dagenham Essex RM9 6XW

CLOSING DATE Wednesday 10th FEBRUARY 2010 Application Forms Email: toyakwai.org

VENUE - 2

SUNDAY 21st MARCH 2010

EAST ENGLAND KARATE OPEN CHAMPIONSHIPS

Clacton Sports Centre, Vista Road Clacton on sea Essex CO15 6DB

CLOSING DATE Monday 15th MARCH 2010 Application Forms Email: toyakwai.org

VENUE - 3

SUNDAY 4th JULY 2010

SOUTHERN KARATE OPEN CHAMPIONSHIPS

Clacton Sports Centre, Vista Road Clacton on sea Essex CO15 6DB

CLOSING DATE Monday 28th JUNE 2010 Application Forms Email: toyakwai.org

VENUE - 4

SUNDAY 26th SEPTEMBER 2010

ESSEX KARATE OPEN CHAMPIONSHIPS

Clacton Sports Centre, Vista Road Clacton on sea Essex CO15 6DB

CLOSING DATE Monday 20th SEPTEMBER 2010 Application Forms Email: toyakwai.org

VENUE - 5

SUNDAY 14th NOVEMBER 2010

INTERNATIONAL OPEN CHAMPIONSHIPS

Goresbrook Leisure Centre, Ripple Road Dagenham Essex RM9 6XW

CLOSING DATE Monday 8th NOVEMBER 2010 Application Forms Email: toyakwai.org

EFMA DISNEY KARATE CHAMPIONSHIPS 2010

20th - 21st FEBRUARY 2010

Disneyland Paris

The category information is on the website www.TheEuropeanOpen.eu

INTERNATIONAL LONDON KARATE CHAMPIONSHIPS

EXCEL
LONDON

SUNDAY 30th MAY
Closing Date 21st MAY 2010

www.senishow.com/open.html - London International Karate Open

VENUE - T.B.A

SUNDAY 17th OCTOBER 2010

Joe Anderson (sen) 7th Dan Karate Cup

VENUE - T.B.A

DECEMBER 2010

Application Forms Email: toyakwai.org

GRAND TEAM CHAMPIONS CUP 2010 Dinner & Awards Night

For All Application Forms Email: toyakwai.org or toyakwaikarate@aol

Clubs or Associations may only enter this competition if they are members of a National Governing Body which is recognised by the World Karate Federation All students must be licensed to enter this competition.

