



Freestyle Categories

The tournament will be under ISKA rules which can be viewed at www.iska.org.uk



Kids - 12 Yrs and under & Juniors 13 to 17 Yrs

All the under 18's categories shall be split into 3 sections with the same weight divisions as below.

The Sections are as follows:

- A Novice - White, Yellow and Orange Belts
- B Intermediate - Green, Purple and Blue Belts
- C Advanced - Brown, Brown/White and Black Belts

Category/Weight/Age Example: Kids 12 years and under, semi contact, novice, -30 KG = **Category 1A**

Semi Contact Boys Kids		Semi Contact Girls Kids		Light Contact Boys Kids		Light Contact Girls Kids		Forms Kids
Cat No.	Weight	Cat No.	Weight	Cat No.	Weight	Cat No.	Weight	
1.	Under 30 KG	6.	Under 30 KG	11.	Under 30 KG	16.	Under 30 KG	47. Freestyle Music Empty Hand
2.	Under 35 KG	7.	Under 35 KG	12.	Under 35 KG	17.	Under 35 KG	48. Freestyle Music Weapons
3.	Under 40 KG	8.	Under 40 KG	13.	Under 40 KG	18.	Under 40 KG	49. Extreme Kicks & Tricks
4.	Under 45 KG	9.	Under 45 KG	14.	Under 45 KG	19.	Under 45 KG	50. Team Forms (3 People)
5.	Over 45 KG	10.	Over 45 KG	15.	Over 45 KG	20.	Over 45 KG	51. Wu Shu Soft Style
Juniors		Juniors		Juniors		Juniors		Juniors
Cat No.	Weight	Cat No.	Weight	Cat No.	Weight	Cat No.	Weight	
21.	Under 45 KG	28.	Under 45 KG	34.	Under 45 KG	41.	Under 45 KG	52. Freestyle Music Empty Hand
22.	Under 50 KG	29.	Under 50 KG	35.	Under 50 KG	42.	Under 50 KG	53. Freestyle Music Weapons
23.	Under 55 KG	30.	Under 55 KG	36.	Under 55 KG	43.	Under 55 KG	54. Extreme Kicks & Tricks
24.	Under 60 KG	31.	Under 60 KG	37.	Under 60 KG	44.	Under 60 KG	55. Team Forms (3 People)
25.	Under 65 KG	32.	Under 65 KG	38.	Under 65 KG	45.	Under 65 KG	56. Wu Shu Soft Style
26.	Under 70 KG	33.	Over 65 KG	39.	Under 70 KG	46.	Over 65 KG	
27.	Over 70 KG			40.	Over 70 KG			

Adults - No split sections in adult divisions - all grades.

Semi Contact Men 18 to 35 Yrs		Veteran 36-39 Yrs		Semi Contact Women 18 to 35 Yrs		Light Contact Men and Women categories, 18 to 35 Years + Veteran divisions. All same as the Semi Contact (see left) apart from there will be no open weight class section in Light Contact. Category Numbers '71 to 81 Light Con'.		Forms Men & Women forms categories same as Kids/Juniors (see above). Category numbers '82 to 91 Forms'.
Cat No.	Weight	Cat No.	Weight	Cat No.	Weight	Cat No.	Weight	
57.	Under 60 KG	64.	Under 75 KG	64.	Under 55 KG			
58.	Under 65 KG	65.	Over 75 KG	65.	Under 60 KG			
59.	Under 70 KG			66.	Under 65 KG			
60.	Under 75 KG	Veteran Over 40 Yrs		67.	Over 65 KG			
61.	Under 80 KG	Cat No. Weight		Veteran 36-39 Yrs				
62.	Under 85 KG	66.	Under 75 KG	Cat No. Weight				
63.	Over 85 KG	67.	Over 75 KG	69.	Under 63 KG			
		68.	Mens Open Class/Weight	70.	Over 63 KG			

Competitor Prices:

• £25 (€33) - For one category • £35 (€48) - For two categories • £40 (€55) - For three categories. Registration taken on a first come first served basis. All cheques for registration payable to 'New ISKA UK'. Please send this form with payment to: New ISKA UK, 46 Sarehole Road, Hall Green, Birmingham B28 8DR.

VISIT WWW.THEEUROPEANOPEN.EU
 EMAIL ENQUIRY@EFMA2010.EU
 CALL 0870 3000 522



BJJ Categories

The rules will be under the International Brazilian Jiu Jitsu Federation Rules which can be viewed at www.urbangorillaz.eu



Child Grading Belt System

Divided by Age Category up to 16 years old as below.
Based on the UK Grappling Arts Association.

	Toddlers Aged 4-5
	Kids Aged 5-8
	Juniors Aged 9-11
	Teens Aged 12-15
	Juvenile Aged 16-17

Child Categories are as follows:

1. Toddlers aged 4 - 5
2. Kids aged 5 - 8
3. Juniors aged 9 - 11
4. Teens aged 12 - 15
5. Juvenile aged 16 - 17

Adult Grading Belt System

White Belt, Blue Belt, Purple Belt, Brown Belt, Black Belt
All athletes must weight-in with Gi on.

Mens Categories are as follows:

6. Absolute (Open Weight): This Division is open to all competitors regardless of weight class.
7. Super Super Heavyweight: over 221.0 lbs (+100,5 kg)
8. Super Heavyweight: under 221.0 lbs (-100,5 kg)
9. Heavyweight: under 207.5 lbs (-94,3 kg)
10. Medium Heavyweight: under 194.5 lbs (-88,3 kg)
11. Middleweight: under 181.0 lbs (-82,3 kg)
12. Lightweight: under 167.5 lbs (-76 kg)
13. Featherweight: under 154.0 lbs (-70 kg)
14. Super Featherweight: under 141.0 lbs (-64 kg)
15. Roosterweight: under 126.5 lbs (-57 kg)

Ladies Categories are as follows:

- | | |
|-------------------------|-------------------|
| 16. Absolute | 17. Heavyweight |
| 18. Medium Heavyweight | 19. Middleweight |
| 20. Lightweight | 21. Featherweight |
| 22. Super Featherweight | |

Competitor Prices:

• £25 (€33) - For one category

Registration taken on a first come first served basis. All category cheques payable to 'bjj.eu.com' & sent to PO Box 38189, London, Great Britain, W105WB



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Karate Categories

The rules will be under the WKF Rules which can be viewed at www.karateworld.org



Junior Mixed Kata

Category	Age	Height	Grade
1	5 Years & Under	Under 4' 0	Any Grade
2	7 Years & Under	Under 4' 0	Any Grade
3	15 Years & Under	Under 4'10	Novice to 7th KYU
4	15 Years & Under	Over 4'10	Novice to 7th KYU
5	15 Years & Under	Under 4'10	6th KYU to 4th KYU
6	15 Years & Under	Over 4'10	6th KYU to 4th KYU
7	15 Years & Under	Under 4'10	3rd KYU to 1st KYU
8	15 Years & Under	Over 4'10	3rd KYU to 1st KYU
9	15 Years & Under	Under 4'10	Dan Grade
10	15 Years & Under	Over 4'10	Dan Grade

Cadet Kata

Category	Age	Gender	Grade
11	15 -18 Years	Male	Any Grade
12	15 -18 Years	Female	Any Grade

Senior Kata

Category	Age	Gender	Grade
13	16 Years & Over	Mixed	Novice to 4th Kyu
14	16 Years & Over	Mixed	3rd Kyu to 1st Kyu
15	16 Years & Over	Male	Any Grade
16	16 Years & Over	Female	Any Grade

Veteran Kata

Category	Age	Gender	Grade
17	30 Years & Over	Mixed	Any Grade

Open Kata

Category	Age	Gender	Grade
18	All Ages	Mixed	Any Grade*

Boys Kumite 15 Years and Under

Category	Height	Grade
19	4' 0 & Under	Novice to 6th KYU
20	4' 0 & Under	5th KYU & Over
21	4' 0 to 4' 5	Novice to 6th KYU
22	4' 0 to 4' 5	5th KYU & Over
23	4' 5 to 4'10	Novice to 6th KYU
24	4' 5 to 4'10	5th KYU & Over
25	4'10 to 5' 3	Novice to 6th KYU

Boys Kumite 15 Years and Under (Continued)

Category	Height	Grade
26	4'10 to 5' 3	5th KYU & Over
27	5' 3 & Over	Novice to 6th KYU
28	5' 3 & Over	5th KYU & Over

Girls Kumite 15 Years and Under

Category	Height	Grade
29	4' 0 & Under	Novice to 6th KYU
30	4' 0 & Under	5th KYU & Over
31	4' 0 to 4' 5	Novice to 6th KYU
32	4' 0 to 4' 5	5th KYU & Over
33	4' 5 to 4'10	Novice to 6th KYU
34	4' 5 to 4'10	5th KYU & Over
35	4'10 to 5' 3	Novice to 6th KYU
36	4'10 to 5' 3	5th KYU & Over
37	5' 3 & Over	Novice to 6th KYU
38	5' 3 & Over	5th KYU & Over

Juniors Kumite - 15 to 18 Years

Category	Gender	Weight	Grade
39	Male	Under 65kg	Any Grade
40	Male	Over 65kg	Any Grade
41	Female	Under 60kg	Any Grade
42	Female	Over 60kg	Any Grade

Seniors Kumite

Male 16 Years & Over, Female 18 Years & Over			
Category	Gender	Weight	Grade
43	Male	Under 70kg	Any Grade
44	Male	Open	Any Grade*
45	Female	Under 65kg	Any Grade
46	Female	Open	Any Grade*

Veteran Kumite - 35 Years & Over

Category	Gender	Weight	Grade
47	Male	Open	Any Grade
48	Female	Open	Any Grade

*Champions Cup

Competitor Prices:

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